

SWIMMING LESSONS

ENROLLMENT FORM

THIS FORM MUST BE COMPLETED PRIOR TO
LESSONS BEGINNING FOR EACH PARTICIPANT

DATE: _____

CHILDS NAME: _____

ADDRESS: _____

PHONE #: _____

AGE: _____ # YEARS FOR LESSONS: _____

LEVEL: (SEE ATTACHED FOR DESCRIPTION)

☐ TODDLER

☐ TADPOLE

☐ STARFISH

☐ SQUID

☐ FISH

☐ FLYING FISH

☐ SHARK

☐ ADULT

SIBLINGS: _____

PARENT/GUARDIAN: _____

EMERGENCY CONTACT NAME: _____

EMERGENCY PHONE #: _____

The undersigned agrees to indemnify and hold harmless the City of Leitchfield and their agents and employees from and against all claims, damages, losses and expenses of any nature or description arising out of the use of the premises by any person whatsoever. Also to obey the rules as listed above. Failure to obey the rules will be cause for termination of future use.

SIGNATURE PARENT/GUARDIAN

DATE

Charges per household:

1st Child \$40.00 - 2nd Child Additional \$15.00 - 3 or More Additional \$10.00 each child

SWIM LESSONS

AMOUNT PAID: _____ CHECK () CASH ()

TAKEN BY: _____ DATE: _____

Swimming Lesson Levels

Toddler

Introduction to the water; adult must accompany the child daily

Objectives:

- water adjustment
- breath control
- swimming readiness skills

Tadpole (previously level 1)

First-time beginner; reluctant swimmer

Objectives:

- water safety and adjustment
- assisted floating, kicking, and arm strokes

Starfish (previously levels 1 or 2)

Willing and comfortable putting their face in the water; demonstrate an assisted float

Objectives:

- walk in water independently
- fully submerge face under water
- supported floating
- move through water- 5 yards

Squid (previously level 2 or 3)

Ability to swim at least 15 feet unsupported

Objectives:

- swim front/ back crawl-10 yards
- comfortable swimming in deep end
- demonstrate unsupported float

Fish (previously level 3)

Ability to swim the length of the pool unsupported; comfortable in deep water

Objectives:

- performance of breaststroke, butterfly, and back strokes
- swim multiple lengths of the pool

Flying Fish (previously levels 3 or 4)

Ability to swim multiple lengths of the pool (at least 4 lengths)

Objectives:

- continue to master front/back crawl, backstroke, breaststroke, side stroke
- implement diving

Shark (previously pre-lifeguard)

Ability to swim 8 lengths of the pool

Objectives:

- water safety
- aquatic fitness
- diving

Adult

Varied abilities

Objectives:

- development of swimming fundamentals